

# MICHIGAN PARENT LEADERSHIP TRAINING PROGRAMS

September 22, 2009

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# ACMH Parent Leadership Camp

Sponsoring Organization: Association for Children's Mental Health

Address: 6017 W. St. Joe Highway  
Lansing, MI 48917

Phone Number: 517-372-4016

Contact Person: Terri Henrizi, ACMH Education Coordinator

Email Address: [acmhterri@sbcglobal.net](mailto:acmhterri@sbcglobal.net)

Website: [www.acmh-mi.org](http://www.acmh-mi.org)

Purpose of Training: The purpose of this two-day training is to help parents/caregivers gain information, skills and networking opportunities needed to impact current policy and practice related to children's mental health.

Who is your target audience? Parents and caregivers of children with mental health challenges

What is the maximum number of people who can be trained at one time? We try to limit the number of participants to 20-25

What are the key components to your curriculum? The curriculum is designed to prepare participants for leadership roles related to children's mental health. The focus of this year's camp was family involvement with community mental health, education and juvenile justice. Training included an overview of the public mental health system, special education services, and the juvenile justice system in Michigan; and the identification of key concerns for families involved in these systems. Other training components included an overview of what 'policy' is and suggestions of how to best influence policy and policymakers, tips for how & when to use your personal experience to support change; how to successfully work with professionals and participate in policy making groups, ideas about what you might do to make a difference and the development of team and/or individual action plans. Previous leadership camps have also included an overview of the legislative process and current state legislative issues concerning children.

What are the costs involved in your training? The cost for this year's camp was \$180.00 per participant. Parent Scholarships are available

In which locations do you train? ACMH Parent Leadership Camp has been traditionally held in the Lansing area and less frequently in Detroit.

How is your training offered (e.g., monthly for three days, etc.): ACMH Parent Leadership Camp is a two-day training with one overnight, usually offered in the summer months; other ACMH trainings vary and include our the ACMH Annual Conference (2-day), as well as many regional small group trainings, mini-conferences, support groups and other community events for parents offered on a variety of topics across the state.

How much time does your training take? 2 days for Parent Leadership Camp, other ACMH trainings vary

What is already planned on your calendars in terms of trainings and location? We plan to hold the ACMH Annual Conference in spring 2010, and a Youth Leadership Event and Parent Leadership Camp in summer 2010. Specific dates and locations have not yet been set.

Do you have a "train the trainer" model? no

## Children's Trust Fund

Sponsoring Organization: n/a

Address: Children's Trust Fund of Michigan  
235 S. Grand Avenue  
Grand Tower, Suite 1411  
P.O. Box 30037  
Lansing, MI 48909

Phone Number: 517-373-4320

Contact Person: Sarah Davis

Email Address: daviss11@michigan.gov

Website: [www.michigan.gov/ctf](http://www.michigan.gov/ctf)

Purpose of Training: CTF doesn't currently have trainings in place (for parents), but would like to implement over the next 1-2 years. (CTF has offered training about parent leadership to grantee staff.) We have considered adopting (and funding) the Parent Leadership in State Government Initiative training model, if possible, for a specific CTF audience.

Who is your target audience? Parents in direct service programs, and parents who are active in local prevention council activities (e.g., in their programs, on their boards, etc.).

What is the maximum number of people who can be trained at one time? n/a

What are the key components to your curriculum? n/a

What are the costs involved in your training? n/a

In which locations do you train? n/a

How is your training offered (e.g., monthly for three days, etc.): n/a

How much time does your training take? n/a

What is already planned on your calendars in terms of trainings and location? n/a

Do you have a "train the trainer" model? n/a

# Family Leadership Initiative

Sponsoring Organization: DeafBlind Central: Michigan's Training & Resource Project

Address: Central Michigan University  
Sloan 105  
Mount Pleasant, MI 48859

Phone Number: 989.774.2725

Contact Person: Nicole Bruce, Family Support Coordinator

Email Address: nicole.bruce@cmich.edu

Website: www.dbcentral.org

Purpose of Training: Train family leaders in 5 regions across the state to serve as mentors/leaders- helping to support other families of children who are DB as well as other families of children with disabilities in their own communities.

Who is your target audience? Family members who have demonstrated leadership qualities. We currently have 10 family members identified across the state, including the U.P.

What is the maximum number of people who can be trained at one time? We are focusing our efforts on these 10 family members for our grant cycle (ending Sept. 30, 2013).

What are the key components to your curriculum?

- Overview in DeafBlindness (beyond their own child)
- National and State resources related to DBness
- Overview of IDEA- including IEPs, mediation, etc.
- Improving the system- working with legislators, gov't, etc.
- Effective communication and conflict resolution
- Being and effective leader/mentor

What are the costs involved in your training? Trainings are free. We pay for overnight accommodations (2 nights each training), meals, travel, etc.

In which locations do you train? All 3 trainings this year will take place in Lansing, MI.

How is your training offered (e.g., monthly for three days, etc.): Three weekends, this year (2009-2010) as well as conference calls, webinars, homework, etc. One weekend/year plus conference calls, homework, etc. each additional year through Sept. 2013.

How much time does your training take? Each weekend starts at 7 p.m. on Friday and ends at 12 noon on Sunday. Conference calls, webinars, etc. will vary.

What is already planned on your calendars in terms of trainings and location? Our initial trainings will take place Nov. 6-8, 2009, Feb. 5-7, 2010 and April 16-18, 2010. Conference calls and webinars will be scheduled as we go along.

Do you have a "train the trainer" model? Not really. Families will be allowed to identify their niche/passion and we will help them to develop that as well as educate them on family rights/responsibilities related to special education laws/regs. Basic advocacy/communication.

## Great Start Parent Coalition Statewide Network (call ECIC for your local contact name and phone number)

Sponsoring Organization: Early Childhood Investment Corporation

Address: 221 N. Pine  
Lansing, MI 48933

Phone Number: 517-371-9000

Contact Person: Robin Ross, Executive Administrative Staff, ECIC

Email Address: rross@ecic4kids.org

Website: GreatStartforkids.org

Purpose of Training: The trainings help to assure that the Great Start Parent Coalition has a firm foundation on which to be successful in its public education and advocacy efforts. These trainings will help to build confidence and skills in the coalition membership, which is crucial to successful public speaking, communications, education and advocacy

Who is your target audience? Great Start Parent Coalition members

What is the maximum number of people who can be trained at one time? 20 recommended

What are the key components to your curriculum? Recruiting & Engaging Members; Team Building; Creating a Vision; Advocacy 101; Leadership Skill Building

What are the costs involved in your training? Free to Great Start Parent Coalitions

In which locations do you train? In the local Parent Coalition areas or at Regional/Annual ECIC meetings

How is your training offered: varies, flexible based on the request of the particular Parent Coalition

How much time does your training take? Varies, flexible-2 hours is the minimum recommended time

What is already planned on your calendars in terms of trainings and location? Various trainings arranged with local GSPC's.

Do you have a "train the trainer" model? No

# Michigan Alliance for Families/Michigan Alliance - PTI

Sponsoring Organization: Arc Michigan

Address: 1325 S. Washington  
Lansing MI 48910

Phone Number: 517-487-5426 x114

Contact Person: Kelly Orginski

Email Address: Kelly.o@arcmi.org

Website: [www.michiganallianceforfamilies.org](http://www.michiganallianceforfamilies.org)

Purpose of Training: To build skills in parents so they will have better educational outcomes for their children with disabilities.

Who is your target audience? Families of children with disabilities and other interested community members – teachers, school personnel, foster care, medical staff CHM, DHS and other agency staff.

What is the maximum number of people who can be trained at one time? Depends on the community needs, 2-4 people as large as 30-40

What are the key components to your curriculum?

- Specific, various types of disability
- Laws, services and research based, best-practice interventions
- Non-discriminatory assessment of students and appropriate assessments to document learning
- Parent Involvement/Parent participation provisions
- Procedural safeguards
- Least restrictive environment
- Technologies and resources
- Positive behavioral interventions and strategies
- Effective ways to communicate and collaborate
- Transition and self determination
- Resources available to assist children and families in school and at home
- Participation in activities at the schools their children attend and in state education reform efforts at the building, district region and state level.

What are the costs involved in your training? None

In which locations do you train? Across the state, will bring map with me.

How is your training offered (e.g., monthly for three days, etc.): Saturdays, week nights and during the day, again depending on the community needs. We have several all day Saturday schedule as well as 4 night series. Each is tailored to the parents/community needs. A series of Webinars are currently being developed.

How much time does your training take? 2 – 8 hours depending as an introduction, with continuous additional training as needed and requested.

What is already planned on your calendars in terms of trainings and location? Yes, will bring the current schedule with me.

Do you have a "train the trainer" model? Not at this time

# Michigan Special Education Mediation Program

Sponsoring Organization: Michigan Department of Education

Address: 229 N. Pine Street  
Lansing, MI 48933

Phone Number: 517-485-2274

Contact Person: Cheryl Levine

Email Address: msemp@tds.net

Website: [www.cenmi.org/msemp](http://www.cenmi.org/msemp)

Purpose of Training: communication, collaboration & planning for IEP teams

Who is your target audience? IEP Team members (parents, school personnel)

What is the maximum number of people who can be trained at one time? 50

What are the key components to your curriculum? Experiential activities demonstrating techniques proven to enhance the effectiveness of IEP participation

What are the costs involved in your training? Shared cost model with school districts and parent groups. Differs with trainings chosen

In which locations do you train? Currently contracted for Oakland, Washtenaw, Lenawee, Genesee, Gogebic-Ontonagon, St. Clair. Also partnering with Michigan Alliance PTI and Family to Family in Clinton, Cheboygan, Marquette, Wayne, Van Buren, Benton Harbor, Midland, Macomb, Cadillac and Oakland.

How is your training offered (e.g., monthly for three days, etc.): Series of 6 can be taken or divided.

How much time does your training take? Most are full day sessions

What is already planned on your calendars in terms of trainings and location? What is already planned on your calendars in terms of trainings and location?

<b>Date</b>	<b>School District</b>
September 28, 2009	Genesee
October 5, 2009	Lenawee
October 13, 2009	Washtenaw
October 14, 2009	Washtenaw
October 16, 2009	St. Clair
October 19, 2009	Genesee
October 20, 2009	Oakland
October 21, 2009	Oakland
October 26, 2009	Lenawee

November 4, 2009	Washtenaw
November 9, 2009	Oakland
November 10, 2009	Washtenaw
November 16, 2009	Lenawee
November 16, 2009	St. Clair
November 17, 2010	Washtenaw
November 21, 2010	MAPTI/F2F- Sault St. Marie
November 30, 2009	Genesee
January 14, 2010	Oakland
January 19, 2010	Washtenaw
January 25, 2010	Genesee
January 27, 2010	Lenawee
January 28, 2010	Washtenaw
February 4, 2010	Gogebic Ontonagon
February 8, 2010	St. Clair
February 11, 2010	Washtenaw
February 15, 2010	Oakland
February 16, 2010	Oakland
February 17, 2010	Lenawee
February 20, 2010	MAPTI/F2F –Benton Harbor
February 22, 2010	Genesee
February 23, 2010	Washtenaw
February 25, 2010	Washtenaw
February 27, 2010	MAPTI/F2F- Midland
March 8, 2010	Oakland
March 11, 2010	Washtenaw
March 13, 2010	MAPTI/F2F-Marquette
March 15, 2010	St. Clair
March 17, 2010	Lenawee
March 22, 2010	Genesee
March 23, 2010	Gogebic, Ontonagon
March 25, 2010	Washtenaw
March 27, 2010	MAPTI/F2F- St. Johns
April 13, 2010	St. Clair
April 17, 2010	MAPTI/F2F-Macomb
April 19, 2010	Oakland
April 20, 2010	Oakland
April 24, 2010	MAPTI/F2F-Cadillac
April 29, 2010	Washtenaw
May 1, 2010	MAPTI/F2F-Oakland
May 4, 2010	St. Clair
May 27, 2010	Washtenaw

Do you have a “train the trainer” model? No

## Parenting Awareness Michigan

Sponsoring Organization: Prevention Network

Address: PO Box 4458  
East Lansing MI 48826-4458

Phone Number: 517-393-6890 ext 12 or 1-2800-968-4968

Contact Person: Luanne Beaudry

Email Address: pamcampaign@preventionnetwork.org

Website: www.preventionnetwork.org

Purpose of Training: Two Annual Parenting Awareness Michigan Conferences

Who is your target audience? Professionals & volunteers who work with parents, including parents.

What is the maximum number of people who can be trained at one time?

What are the key components to your curriculum? Parenting-focused workshops at the conferences.

What are the costs involved in your training? Conference registration fee is \$49 (early regis.)

In which locations do you train? Marquette and East Lansing

How is your training offered (e.g., monthly for three days, etc.): Twice a year in the fall.

How much time does your training take? 1-day conferences

What is already planned on your calendars in terms of trainings and location? October 14, NMU, Marquette, and November 9, Kellogg Center, East Lansing

Do you have a "train the trainer" model? No

## Parents Partnering for Change

Sponsoring Organization: Parent Leadership in State Government Advisory Board (collaboration between: Department of Community Health, Department of Human Services, Department of Education, and Children's Trust Fund)

Address: MPHI  
Systems Reform  
2364 Woodlake Drive, Suite 180  
Okemos MI 48864

Phone Number: 517-381-8247

Contact Person: Sarah Wedepohl

Email Address: swedepohl@me.com

Website: none at this time

Purpose of Training: The Parent Leadership in State Government Training Project provides leadership training for Michigan parents who want to help impact local, state and federal program planning and policy development.

Who is your target audience? Any parent in Michigan who has a child age birth to 18 years old and has received specialty services in Michigan for their child.

What is the maximum number of people who can be trained at one time? 20

What are the key components to your curriculum?

Our training strives to help parents develop the following competencies:

- Participants will have the ability to be an effective partner and exhibit leadership when working alongside professionals.
- Participants will have an understanding of their own leadership direction
- Participants will understand and have the ability to advance cultural competence.

What are the costs involved in your training? None at this time

In which locations do you train? Across the state

How is your training offered (e.g., monthly for three days, etc.): 2 full days on different dates each year.

How much time does your training take? 2 days, 8 hours each day.

What is already planned on your calendars in terms of trainings and location? We just completed three trainings in September. The next training dates have not been determined.

Do you have a "train the trainer" model? We are exploring that option.

## Talk Early & Talk Often

Sponsoring Organization: Michigan Department of Community Health (MDCH) & Parent Action for Healthy Kids coordinates the program for MDCH

Address: *Talk Early & Talk Often*  
Parent Action for Healthy Kids  
27820 Berrywood Lane #3  
Farmington Hills, Michigan 48334

Phone Number: 248-538-7786

Contact Person: Barbara Flis, Coordinator

Email Address: [barbflis@msn.com](mailto:barbflis@msn.com)

Website: [www.michigan.gov/talkearly](http://www.michigan.gov/talkearly)  
[www.parentactionforhealthykids.org](http://www.parentactionforhealthykids.org)

Purpose of Training: Help parents develop the knowledge and skills to talk with their middle school youth about abstinence and sexuality

Who is your target audience? Parents of middle school youth (Parents meaning parent, grandparent, guardian)

What is the maximum number of people who can be trained at one time? Maximum of 30 parents can attend the workshop, minimum 15.

What are the key components to your curriculum? Skill based instruction

What are the costs involved in your training? No charge

In which locations do you train? State-wide

How is your training offered (e.g., monthly for three days, etc.): NA

How much time does your training take? 2 Hour workshop

What is already planned on your calendars in terms of trainings and location? Booking now for fall, 2009.

Do you have a "train the trainer" model? Not at the present time