# Parent Resource Guide

Where to find help for a child in Michigan at all ages and stages.

# **General Resources For All Ages**

### **Toll-Free Numbers & Websites**

Michigan Dept. of Education Parent Help Line 1-888-323-4231

Detroit Parent Network 1-313-832-0617

Michigan Alliance for Families 1-800-552-4821 http://www.michiganallianceforfamilies.org *Free information on special needs and disabilities.* 

# Michigan Department of Human Services (DHS) Toll Free Hotlines

Lost Child Tip Line 1-866-729-0026 Emergency Shelter 1-800-ASHELTER Home Heating Assistance 1-800-292-5650



Homeless 1-800-274-3583 Medicaid Help Line 1-800-642-3195 Parent Help Line (child abuse and neglect) 1-800-942-4357 Runaway Assistance 1-800-292-4517

### More Statewide Toll Free Hotlines

| 800-292-7851 | Arc Michigan                           |
|--------------|--|
| 800-466-8084 | Assoc. for the Blind & Vision Impaired |
| 800-223-6722 | Autism Society of MI                   |
| 877-825-2536 | Children's Leukemia Found.             |
| 800-772-4323 | Brain Injury Assoc. of MI              |
| 800-233-4050 | CHADD (ADHD Help)                      |
| 800-878-6587 | Child & Family Services of MI          |
| 800-359-3722 | Children's Special Health Care Svcs.   |
| 800-999-9999 | Covenant House (help for runaways)     |
| 800-873-7658 | Cystic Fibrosis                        |
| 800-292-2729 | Easter Seals                           |
| 800-377-6226 | Epilepsy Foundation                    |
| 800-359-3722 | Family Support Network                 |
| 800-482-3041 | Hemophilia Foundation                  |
| 888-777-5332 | Leader Dogs for the Blind              |
| 888-597-7809 | Learning Disabilities Assoc.           |
| 800-622-9474 | Make A Wish                            |
| 800-968-3463 | March of Dimes                         |
| 800-274-7426 | MI Assistive Technology                |
| 800-8-RESOLV | Mediation Services (Free)              |
| 888-988-6300 | MI-CHILD (Insurance)                   |
| 800-Your Ear | MI Deaf, Hearing & Speech Services     |
| 888-323-4231 | MI Dept. of Special Education          |
| 800-760-4600 | MI Disability Rights Coalition         |
| 800-969-6642 | MI Mental Health Assoc.                |
| 800-288-5923 | MI Protection & Advocacy Legal Help    |
| 800-572-1717 | Muscular Dystrophy Assoc.              |
| 800-442-HOPE | National Youth Crisis Hotline          |
| 800-228-8813 | Reading/Literacy Help                  |
| 800-SUICIDE  | Suicide Prevention                     |
| 800-828-2714 | United Cerebral Palsy                  |
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If you can't find what you are looking for, call 1-877-HELP4KIds (435-7454).

This parent Resource Guide produced by Bridges4Kids.

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### **Internet Resources**

# Early Childhood – Birth to Age 5

1-800-EARLY ON (1-800-327-5966) http://www.1800EarlyOn.org Help for children from birth to age 3 who might have a developmental delay. Don't worry, but don't wait.

1-800-252-0052

http://www.ProjectFindMichigan.org Provides free evaluation for children from birth to age 26 who might be eligible for special education services offered by your local school district.

1-866-4CHILDCARE (1-866424-4532) http://www.mi4c.org Michigan 4C Association *Find child care services in your area.* 

1-800-214-8961 R.E.A.D.Y. Program (*Read Educate and Develop Youth*) An award-winning kit of resources to encourage early reading and positive child development.

1-800-648-6942 Lead Poisoning Hot line http://www.GetTheLeadOut.org *Symptoms of lead poisoning include headaches, irritability, abdominal pain, vomiting, anemia, weight loss, poor attention span, noticeable learning difficulty, slowed speech development, hyperactivity.* 

1-517-374-6472 http://www.mhsa.ws Michigan Head Start Association



# **School Age Years**

#### **Homework Help**

Homework Spot http://www.homeworkspot.com

BJ Pinchbeck's http://www.school.discovery.com/homeworkhelp/ bjpinchbeck

The Internet Public Library http://www.ipl.org

#### **Parent Organizations**

Michigan Alliance for Families 1-800-552-4821 http://www.michiganallianceforfamilies.org *Free information on special needs and disabilities.* 

Bridges4Kids http://www.bridges4kids.org Huge website with a large variety of topics plus online help. Information and referral services for all kids.

Michigan PTSA 517-485-4345 http://www.michiganpta.org

#### Services

MICASE - MI Creative After-School Experience http://www.micase.org Great Parents Great Start http://www.migreatparents.org Things to do and Places to see With a Child http://www.michigan.org/travel/locations/ Find Information About Your Local School District http://www.bridges4kids.org/states/mi.htm#ed Ways to Volunteer to Help a Child http://www.bridges4kids.org/counties/Volunteer.htm Substance Abuse Treatment http://findtreatment.samhsa.gov/facilitylocatordoc.htm Teen Pregnancy http://www.teenpregnancy.org

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